

## Positive Transitions:

# Empowering Seniors And The People Who Love Them

Please join us for a Virtual Town Hall hosted by ElderNet of Lower Merion and Narberth's Advocacy Committee. The COVID-19 pandemic has left many older adults and those who love and care for them feeling vulnerable, lost, and alone as they struggle to adapt to the transitions that are a natural part of their aging journey. Our panel of senior care experts will answer your questions about when to be concerned about changes in cognitive abilities, how to know if they can live independently, what to do if they can't, how to discuss and assist with life transitions, how to plan now for future needs, and who to call for **free advice** along the way.

When: Wednesday, April 28th, 2021 7:00 p.m.



#### Join via Zoom:

Join from a PC, Mac, iPad, iPhone or Android device: https://jfcsphillyorg.zoom. us/j/98033734015

#### Or iPhone one-tap:

- +19294362866,,98033734015# US (New York)
- +13017158592,,98033734015# US (Washington DC)

#### Or join by phone:

Dial(for higher quality, dial a number based on your current location):

US: +1 929 436 2866 or +1 301 715 8592 or +1 312 626 6799 or +1 669 900 6833 or +1 253 215 8782 or +1 346 248 7799

### Topics

- "Signs and Symptoms of Cognitive Changes and Guidance for Aging in Place"
   Katie Reilly, MSG, Care Advisor, and Joy Shore, VP, Abramson Senior Care
- "Strategizing for the Future... Wherever Home May Be" - Loni Klein, Certified Senior Advisor, *Bridging the Gap for Seniors*
- "Elder Care Law and Life Care
  Planning" Bryan J. Adler, Esq., CELA,
  Rothkoff Law Group
- "How to have the Conversation"
   Mindy Mozenter and Lorri Bernstein, MSW
   Senior Living Specialists
- "The Benefits of Pre-Planning and Alternatives to a Traditional Burial" -Patricia Quigley, Licensed Funeral Director, Manager, West Laurel Hill Funeral Home







